



National Seminar



On

Integration of Indian Cultural Heritage and Yoga in Education

20 & 21 March, 2025 (Thursday, Friday)



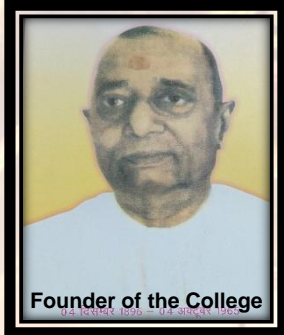
Organized by:

N.K.B.M.G. PG College, Chandausi (Sambhal)
(Affiliated to M.J.P. Rohilkhand University, Bareilly U.P.)

Sponsored by:

**Indian Council of Social Science Research
(ICSSR) New Delhi**

ABOUT COLLEGE



Naval Kishore Bhartiya Municipal Girls (P.G.) College, Chandausi was established by a leading freedom fighter and a successful industrialist, a true follower of Mahatma Gandhi, the great philanthropist, and visionary **Late Shri Naval Kishore Bhartiya** in 1964 with the sole aim of providing higher education to the most deprived section and half of the population of his period that is the females. The main objectives of the college are to impart all-around quality education to female students and train them to become useful citizens and thereby contribute to shaping the college as a center of academic excellence in Northern India. Its proud heritage, innovative approach, and selfless efforts are the three distinctive characteristics that urge its staff members to a ceaseless academic endeavor for the development of the college. Initially, the institution was started with the establishment of a High School for girls in 1953, thereafter, this school took the present shape of a prominent Degree College step by step.

ABOUT CHANDAUSI

Chandausi is a prominent city in the Sambhal district of Uttar Pradesh, India. It has a rich historical and cultural background, evolving from an ancient settlement to a major trade and educational hub. Chandausi is a major center for agriculture, particularly known for the production of wheat, sugarcane, and pulses. The city has a well-established grain market, one of the largest in the region. Chandausi has remnants of old stepwells (bavdees), which were once used for water conservation and as community gathering places. These stepwells reflect the architectural and engineering skills of past generations. Chandausi is also known as Mini Vrindavan and has numerous ancient temples. The Ganesh Mela in Chandausi is one of the most famous and historic fairs in the city. It is a grand celebration of religious devotion, cultural traditions, and social gatherings. The fair has been organized in Chandausi for many years and holds great religious and cultural importance.

ABOUT SEMINAR

Education ensures ideals in a constantly changing society by shifting cultural knowledge, moral values, health, social awareness, sense of responsibility, etc., enabling man to be a good citizen. Education is the medium through which one considers his commitment to preserving his country's invaluable cultural heritage, historical values, and healthy traditions and constantly strives towards it. India is a country of rich heritage and culture, and the University Grants Commission (UGC) has also proposed to start courses reflecting this diversity of India. UGC has also issued guidelines for higher educational institutions to present short-term modular programs on various aspects of Indian Culture including Vedic Mathematics, Yoga, Ayurveda, Sanskrit, Indian Literature, Sculpture, Music, Dance Forms, etc.

The human resource of any nation is the most important source of its development. "Keeping in mind the health of the entire human resource of the country, Yoga was included in the ambit of education in the National Education Policy 2020." The purpose of incorporating Yoga into the curriculum at every educational level is not only to create a healthy India but also to give the message to the whole world to move towards world peace. The means to refine a healthy human mind is the oldest Yoga Vidya of India. Incorporating Yoga into the curriculum as a subject will develop a sense of discipline among the students and create awareness about mental and physical health.

Therefore, whatever conclusions will be drawn through the seminar on the proposed subject, the views of various subject experts, and the analysis of research papers presented by the researchers will be positive. The objective of the National Education Policy - 2020 is to spread the precious "Sarvajan Hitay, Sarvajan Sukhay" culture of India to every section of society by striving to achieve the goal of the overall development of students. Through this seminar, the students should be able to not only develop and inculcate but also be encouraged to imbibe and preserve the ancient cultural values of the country: its historical and cultural heritage, including yoga science. The main objectives of this seminar are:

- To cultivate feelings of mutual love, affection, cooperation, sympathy, and empathy in students.
- To encourage the importance of conservation of the cultural heritage of India.
- To highlight the importance of Yoga in education for holistic development.
- To explore how integrating cultural heritage and Yoga fosters discipline, ethics, social responsibility, and national pride among students.

Dear Participants,

We are immensely delighted to inform you that N.K.B.M.G.(P.G.) College, Chandausi (Sambhal), is organizing a two-day National Seminar sponsored by the **Indian Council of Social Science Research, New Delhi**, on the topic **Integrating Indian Cultural Heritage and Yoga in Education**.

Academicians and Scholars should mail their unpublished and original research papers on the given topic and sub-topics in English or Hindi by **10 March 2025 (For Abstract submission) and 12 March 2025 (For Full Paper Submission)** in Krutidev10 font size 14 in Hindi and Times New Roman-12 font size in English in 2500 to 3000 words to this e-mail address -

nkbgseminar2025@gmail.com

The selected research papers will be published in the form of an ISBN book.

Sub-themes-

- 1. Inevitability of Yoga in Universal Education**
- 2. Yoga Philosophy for Health and Peace**
- 3. Role of Cultural Values in Political Development**
- 4. Impact and Utility of Yoga and Indian Culture on Human Life**
- 5. Yoga for Peace of Mind: Necessity and Importance**
- 6. Indian Culture and Yoga: Path to World Peace**
- 7. Root of Holistic Development: India's Cultural Heritage and Yoga**
- 8. India's Cultural Heritage: A Source of Inspiration**
- 9. Globalization is a challenge in Heritage Conservation: Government Efforts and Solutions**
- 10. Effect of Materialism on India's Cultural Heritage**
- 11. Modernization of Indian Culture and Yoga Science**
- 12. Role of Education in Re-establishing Heritage and Yoga Philosophy**
- 13. Usefulness of Vedic Mathematics in the Curriculum**
- 14. Culture and Yoga Philosophy in Literature**
- 15. Role of Yoga and Cultural Heritage in Economic Development.**

NOTE: Research papers are also invited on other topics related to the main theme.

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Moradabad

OUR GUESTS

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Hon'ble Minister of State
(Independent charge)
Secondary Education,
U.P. Government

Special Guest

Prof. Sandhya Rani
Regional Officer of
Higher Education,
Bareilly

Keynote Speaker

Prof. Kamakhya Kumar
Former Head, Dept. of Yoga,
Dean Aadhunik Gyan Vigyan,
Director IQAC, Uttarakhand
Sanskrit University,
Uttarakhand

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Prof. (Dr.) Alka Rani Agrawal

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Technical Session Three

Dr. Kavita Mahali

Technical Session Four

Ms. Vibha Singh

GUIDELINES FOR SUBMISSION OF ABSTRACT AND FULL PAPER

- Last date for submission of Abstract: 10th March 2025
- Word limit for Abstract: 200 – 250 words
- Last date for Full Paper submission: 12th March 2025
- Word limit for Full Paper: 2500 – 3000 words
- The Abstract and Full Paper can be submitted in Hindi (Krutidev10, font size 14) or English (Times New Roman, font size 12)
- Abstract and Full Paper are to be submitted in Word format only.
- The paper must be original and unpublished.
- The front page of the abstract and full paper should provide the author's name, affiliation, e-mail address, and mobile number.

Registration, Queries, and Paper Submission

- **Ask me for Queries**
Contact: Ms. Vibha Singh, 6306957812
- **Register here**
Link: <https://forms.gle/WuzuRibBsiGVQKd69>
Contact: Dr. Amita Chaudhry, 6398342374
- **Paper Submit here**
Email: nkbgseminar2025@gmail.com
Contact: Dr. Amandeep Kaur, 8171794469

PAYMENT DETAILS

Account Details:

Bank Name: Indian Bank
Branch Name: Bank Road, Chandausi
Beneficiary Name: NATIONAL SEMINAR NKBMG PG COLLEGE
A/C No.: 7970122876
IFSC: IDIB000C536



Registration Fee:

Faculty Members	- 500/-
Research Scholars	- 300/-
Students	-200/-

Note: We anticipate your insightful input and enthusiastic involvement in this thought-provoking academic occasion.